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| **國立成功大學附設醫院**  **居家型睡眠呼吸紀錄檢查報告** | | | | | | | | | | | | | | | | |
| **Patient Information：** | | | | | | **Study Date：**20xx/xx/xx, | | | | | | | **單號：** | | | |
| Name：, | Age：, | | | | | | Patient ID：, | | | | | Sex：, | | | | DOB：, |
| Height：,cm | Weight：,kg | | | | | | BMI：, | | | | | Neck：,cm | | | | Waist：,cm |
| Hip：,cm |  | | | | | | | | | | | | | | | |
| **Sleep Quality Questionnaire：** | | | | | | | | | | | | | | | | |
| PSQI：{f1},  (PSQI≦5:normal) | | | | ESS：{f2},  (ESS<10:normal) | | | | | | | | | SOS：{f3},  (SOS>55:normal) | | | |
| HADS-A：{f4},  (HADS-A<7:normal) | | | | HADS-D：{f5},  (HADS-D<7:normal) | | | | | | | | | THI：{f6},  (THI≦16:normal) | | | |
| WHO(Phy.)：{f7},  (WHO-QoL,D1≧14:normal) | | | | WHO(Psy.)：{f8},  (WHO-QoL,D2≧14:normal) | | | | | | | | | GERD-Q：{f9},  (GRED≦8:normal) | | | |
| **Respiratory Disturbance Index：** | | | | | | | | | | | | | | | | |
| AHI：{a1},/h | | AI：{a2},/h | | | | | | HI：{a3},/h | | | Apnea：{a4},counts | | | | Hypopnea：{a5},counts | |
| OI：{a6},/h | | CI：{a7},/h | | | | | | MI：{a8},/h | | | Unclassified：{a9},/h | | | | | |
| Cheyne-Stokes respiration | | | | | | | | | | | Time – hr：{a25}, | | | | Percentage：{a26}, | |
| **Recording details：** | | | | | | | | | | | | | | | | |
| Recording | | | Start：{b1}, | | | | | | | End：{b2}, | | | | Duration – hr：{b3}, | | |
| Flow evaluation | | | Start：{b4}, | | | | | | | End：{b5}, | | | | Duration – hr：{b6}, | | |
| Oxygen saturation evaluation | | | Start：{b7}, | | | | | | | End：{b8}, | | | | Duration – hr：{b9}, | | |
| **Oxygen Saturation：** | | | | | | | | | | | | | | | | |
| Baseline SpO2：{c1},% | | | | | | Mean SpO2：{c2},% | | | | | | | Minimum SpO2：{c3},% | | | |
| SpO2≦90%：{c4},counts | | | | | | SpO2≦85%：{c5},counts | | | | | | | SpO2≦80%：{c6},counts | | | |
| SpO2≦88%：{c7},counts | | | | | | | | | Duration – hr：{c8}, | | | | | | | |
| Total：{c9},counts | | | | | | | | | ODI：{c10},/h | | | | | | | |
| **Snore：** | | | | | | | | | | | | | | | | |
| Total：{d1},counts | | | | | | Avg/Min：{d2}, | | | | | | | Snore Index：{d3},/ hour | | | |
| **Cardiac Profile：** | | | | | | | | | | | | | | | | |
| Minimum Heart Rate：{e1},counts | | | | | Mean Heart Rate：{e2},counts | | | | | | | | Maximum Heart Rate：{e3},counts | | | |

**Graphic summary**

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| **Friedman Stage:** | , | **Tonsil size:** | , | **Friedman tongue position:** | | | | | , | | |
| 1.主述：  2.病史： | | | | | | | | | | | |
|  | | | | | | **Technician:** | |  | | 20xx/xx/xx | |
| **Diagnosis:** | | | | | | | | | | | |
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|  | | | | | **Physician:** | |  | | | |  |

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| **國立成功大學附設醫院**  **多頻睡眠生理檢查報告**  **《依據2020年美國睡眠醫學學會判讀標準》** | | | | | | | | | | | | | | | | | | | | | | | | |
| **基本資料：** | | | | | | | | | |  | | | | | | **紀錄時間：**20xx/xx/xx | | | | | | | | |
| 姓名： | | | 年齡： | | | | | | | 病歷號： | | | | | | 性別： | | | | | 生日： | | | |
| 身高： 公分 | | | 體重： 公斤 | | | | | | | 體質量指數： | | | | | | 頸圍： 公分 | | | | | 腰圍： 公分 | | | |
| 臀圍：公分 | | |  | | | | | | | | | | | | | | | | | | | | | |
| **睡眠品質相關問卷結果：** | | | | | | | | | | | | | | | | | | | | | | | | |
| 匹茲堡睡眠品質量表：{f1}  (PSQI≦5:正常) | | | | | | | | 愛普沃斯嗜睡量表：{f2}  (ESS<10:正常) | | | | | | | | | | 打鼾問卷：{f3}  (SOS>55:正常) | | | | | | |
| 醫院焦慮問卷：{f4}  (HADS-A<7:正常) | | | | | | | | 醫院憂鬱問卷：{f5}  (HADS-D<7:正常) | | | | | | | | | | 耳鳴障礙評量表：{f6}  (THI≦16:正常) | | | | | | |
| WHO生活品質量表(生理)：{f7}  (WHO-QoL,D1≧14:正常) | | | | | | | | WHO生活品質量表(心理)：{f8}  (WHO-QoL,D2≧14:正常) | | | | | | | | | | 胃食逆流問卷：{f9}  (GRED≦8:正常) | | | | | | |
| **呼吸障礙指數：** | | | | | | | | | | | | | | | | | | | | | | | | |
| 呼吸中止和淺呼吸指數：{a1}/小時 | | | | | | | | | 呼吸中止指數：{a2}/小時 | | | | | | | | 淺呼吸指數：{a3}/小時 | | | | | | | |
| 阻塞型呼吸中止指數：{a6}/小時 | | | | | | | | | 中樞型呼吸中止指數：{a7}/小時 | | | | | | | | 混合型呼吸中止指數：{a8}/小時 | | | | | | | |
| 呼吸中止：{a4}次 | | | | | | | | | 淺呼吸：{a5}次 | | | | | | | | 未分類：{a9}/小時 | | | | | | | |
| 陳施氏呼吸 | | | | | | | | | 持續時間：{a25} | | | | | | | | 占比：{a26} | | | | | | | |
| **紀錄時間：** | | | | | | | | | | | | | | | | | | | | | | | | |
| 紀錄 | | | | | | 開始：{b1} | | | | | | | | 結束：{b2} | | | | | | 持續時間：{b3} | | | | |
| 氣流紀錄 | | | | | | 開始：{b4} | | | | | | | | 結束：{b5} | | | | | | 持續時間：{b6} | | | | |
| 血氧紀錄 | | | | | | 開始：{b7} | | | | | | | | 結束：{b8} | | | | | | 持續時間：{b9} | | | | |
| **氧氣飽和度：** | | | | | | | | | | | | | | | | | | | | | | | | |
| 基準氧氣飽和度：{c1} | | | | % | | | 平均氧氣飽和度：{c2} | | | | | | | | % | | | 最低氧氣飽和度：{c3} | | | | | | % |
| ≦90%：{c4} | | | | 次 | | | ≦85%：{c5} | | | | | | | | 次 | | | ≦80%：{c6} | | | | | | 次 |
| ≦88%：{c7} | | | | | 次 | | | | | | | 持續時間：{c8} | | | | | | |  | | | | | |
| 總數：{c9} | | | | | 次 | | | | | | | 血氧下降指數：{c10} | | | | | | |  | | | | | |
| **打鼾：** | | | | | | | | | | | | | | | | | | | | | | | | |
| 總數：{d1} | 次 | | | | | | 平均/最低：{d2} | | | | | |  | | | | | 打鼾指數：{d3} | | | | | /小時 | |
| **心律：** |  | | | | | | | | | | | | | | | | | | | | | | | |
| 最低：{e1} | 次 | | | | | | 平均：{e2} | | | | | | 次 | | | | | 最高：{e3} | | | | | 次 | |
| **整夜監測睡眠呼吸障礙指數(事件/小時)：** | | | | | | | | | | | | | | | | | | | | | | | | |
|  | | **正常** | | | | | | | | | **輕度** | | | | | **中度** | | | | | | **重度** | | |
| **成人** | | **<5** | | | | | | | | | **5-15** | | | | | **15-30** | | | | | | **>30** | | |
| **幼童** | | **<1** | | | | | | | | | **1-5** | | | | | **5-10** | | | | | | **>10** | | |